

SERVICES:

All testing kits are available for in town and out of town clients! Testing kits go directly to our labs from your home after you follow simple at-home directions.

SALIVA HORMONE or Blood-Spot Testing kits

(5 hormones tested min. on adrenals) Quit guessing, get accurate results from licensed physicians at an FDA approved lab. Done in the privacy of your own home. Call today or order on-line. Do you have any of these symptoms of hormonal imbalance? Mood swings - Hot flashes - Low Libido - Depression - Irritability - Weight gain (waist or hips) - Foggy thinking - Fatigue - Feeling cold all the time - Sleep disturbances - Decreased stamina. Testing offered for adrenal function, ovarian function and/or thyroid function.

| | |
|------------------------|--------------|
| Saliva Test: | \$225 |
| Blood Spot Test: | \$280 |
| Thyroid Hormone Panel: | \$300 |

FOOD ALLERGY testing kit

Tests 30 basic foods and determines "leaky gut syndrome". Food sensitivities can occur at any age, triggering many different symptoms and contributing to a variety of disorders, including: Inflammatory bowel disease, Fatigue, ADD/ADHD, Migraines, Skin problems, Rheumatoid arthritis, Sinusitis, Recurrent ear infections.

\$218

Hair Tissue Mineral Analysis kit

(includes full analysis and personal program. Supplements are extra)

Testing method preferred by the U.S. government EPA office. Discover heavy metals and over 22 different mineral patterns which directly relate to your adrenal system, liver/kidney function, thyroid system and much more.

\$199

NUTRITIONAL RESPONSE MUSCLE TESTING

Done in office only. Zeroes in on the root causes of dis-ease utilizing your body's own central nervous system and it's response to resistance. See charges for personal consultations below.

PERSONAL CONSULTATIONS -

| | |
|----------------------------------|--------------|
| Office/Phone | |
| 1 Hour or Initial Consultation - | \$ 75 |
| 1/2 Hour - | \$ 38 |
| 15 minutes - | \$ 19 |



Visit us online at www.mariepace.com to read more about each product and service and sign up for our FREE OPTIMUM SOLUTIONS E-NEWSLETTER.

Call our office toll free 1-888-918-9352 to order a FREE CD on Natural Health Solutions.



Legal: These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease. These products are sold purely as dietary supplements.

Optimum Solutions

HOLISTIC HEALTH CONSULTANTS

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Our Signature Products and Services

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SPECIALTY PRODUCTS:

MEMORY Offers combined cognitive function benefits of 12 key neuro-nutrients. Helps to improve ABSENTMINDEDNESS and other memory problems, improves focus and attention.

\$45.95

MOOD - (GABA) Our MOOD* supplement provides GABA, that helps to balance mood and emotional stability and offers a calming influence.

\$15.95

MOTION - (Iodine) Our custom (same as IODORAL*) Iodine complex. Promotes immunity, provides antioxidant protection, supports integrity of breast tissue, assist heavy metal excretion, protects against H. Pylori toxins, supports the thyroid.

\$23.95

UT-SUPPORT Our custom formulated Urinary Support product combines Cran-Max* 100% whole cranberry fruit concentrate with Berberine and Oregon Grape root to destroy E. Coli.

\$22.50

REBUILD - (Adrenal Glandular) Our Custom REBUILD is an adrenal glandular to help you truly handle stress from physical or emotional reasons and rebuild your adrenal glands.

\$26.95

REDUCE Our new REDUCE supplement contains a natural compound that has been shown in more than 15 double blind controlled clinical trials to attain normal levels of cholesterol! Better than Red Yeast Rice with NO side effects or liver stress!

\$16.95

HEART -(Resveratrol) HEART is our newest formulation containing the incredible ingredient: RESVERATROL. It helps to protect the brain, inhibit spread of cancer, lowers blood pressure, keeps heart healthy, normalizes inflammation, helps reduce weight gain.

\$44.50

SIGHT SIGHT has key amino acids, antioxidants and phytonutrients that protect and nourish optical tissues.

\$29.95

RELIEF Contains BROMELAIN and QUECERTAIN... two highly effective anti-oxidants and anti-histamine substances that work together to relieve pain, inflammation, itching, swelling, bruising, hay-fever, asthma, varicose veins, allergic reactions and more.

\$21.50

IMMUNITY - (Vitamin D3) Helps block the development of autoimmune diseases! Low levels of D3 will increase your risk of osteoporosis, breast and prostate cancer and autoimmune diseases like MS and rheumatoid arthritis.

\$13.95

CONNECT - (Calcium) Important for bone & teeth formation, heartbeat regulation, nerve transmission and neuromuscular activity and plays a roll in blood clotting, cell membrane maintenance and so much more.

\$17.95

DIGESTION & DETOX

ALIVE (Probiotics) 25+ Billion CFU's Multi-species Probiotic supplement. High potency, hypoallergenic blend of 12 certified probiotic species.

\$42.95

SUPPORT - (Alpha-Lipoic Acid) Supports liver detoxification, neutralizes free radicals, converts calories to energy, protects tissues against damage by toxic heavy metals, moderates blood sugar, improves blood flow, helps body to lose weight, stops inflammation.

\$19.95

REMOVE - (Detox) Our Chlorella & Broccoli daily detox supplement with enzymes to support the liver. Removes toxins and heavy metals and more.

\$18.95

ACTION - (Enzymes) Our ACTION enzymes are a broad-spectrum enzyme formulation for routine daily use with a proprietary blend of 13 plant based enzymes that assists in the breakdown of proteins, fats, complex carbs, sugars and fibers!

\$26.95

BIND - (Detox) Our "oral chelation" supplement that is effective and much more gentle than IV chelation! This is considered the premier supplement for removing toxic heavy metals such as arsenic, mercury, lead, cadmium, aluminum and more.

\$40.25

HYDRO-ACTION - (HCL) Our custom Betaine HCL supplement: HYDRO-ACTION is helpful whenever digestive complaints are caused by underproduction of stomach acid. Common symptoms of insufficient stomach acid production (hypochlorhydria) are: Burning, indigestion, reflux, gas, bloating and fatigue after eating.

\$15.95

PRO-ACTION - (Enzymes) High potency, multi-enzyme formulation, offers an unusually complete range of enzymes that work in concert to help maintain normal enzyme levels that support the body's digestive capabilities and assist intestinal repair. Not for those allergic to eggs.

\$30.95

RESTORE - (systemic enzymes) A remarkable SYSTEMIC enzyme blend that relieves pain, destroys internal scar tissue, helps to destroy yeast/fungus in the body, handles inflammation, stops swelling, helps to alleviate cysts, tumors, varicose veins, migraines, enlarged prostate, colitis, asthma, plaque in arteries, sinusitis, fibromyalgia, carpal tunnel, infections and much more!

\$34.95

BIO-IDENTICAL HORMONES:

IMPULSE Our Bio-Identical all natural triple estrogen cream. This cream is a unique natural triple estrogen cream, because it contains natural prepared human estrogens of 80% estriol, 10% estradiol and 10% estrone. These amounts are considered to be the closest to the natural female levels. We also carry natural ESTRIOL cream. Order: 1 (2oz jar) -

\$55.00

EMOTION Our Bio-Identical all natural progesterone cream.

Including EXCLUSIVE ingredients: vitamins B5, B6, B12 & D3! Support your adrenal glands while replacing and rebalancing your hormones naturally with bio-identical natural progesterone cream! Total 72 doses of 1/4tsp each.

A 1/4tsp = 20mg of progesterone + 500 iu D3 + 50mg B6 + 50 mgB5 + 500mcg B12 each dose!

Buy: 1 (3oz tube) - **\$35.00**

Buy 2 Tubes - **\$61.90**

(\$30.95 each tube)

Buy 5 Tubes - **\$123.80**

(\$24.76 each for 3oz tubes!)

ENDURANCE Pure DHEA hormone that is micronized to a very small particle size to facilitate absorption. A deficiency of DHEA causes: foggy thinking, muscle loss, vaginal dryness, incontinence, depression, lowered immune system and inflammation. Each capsule provides 25mg of pure Dhea.

\$17.95

"Preventing and Rebuilding is what my company, "OPTIMUM SOLUTIONS HOLISTIC HEALTH" is truly all about! As I work with each of you my compassion just continues to increase. I don't like seeing anyone suffer, feel ill, or not be happy in their life. I am extremely proud of our EXCLUSIVE Custom Nutritional Product line and natural bio-identical hormones. You have my personal promise that I will continue to expand this line and do the best that I can to ensure you attain a happy and healthy life!"

- Marie Pace, ND, CNC



Optimum Solutions
HOLISTIC HEALTH CONSULTANTS